



# OFFICE OF THE SANGGUNIANG BAYAN

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EXCERPTS FROM THE MINUTES OF THE REGULAR SESSION OF THE  
11<sup>TH</sup> SANGGUNIANG BAYAN OF BULALACAO, ORIENTAL MINDORO  
HELD ON NOVEMBER 28, 2023 AT THE SANGGUNIANG BAYAN  
SESSION HALL

**PRESENT:**

- |                               |  |
|-------------------------------|--|
| Hon. Ramon G. Magbanua        | Municipal Vice Mayor/Presiding Officer |
| Hon. Ederlino C. Aceron       | Sangguniang Bayan Member               |
| Hon. Edezer F. Aceron         | Sangguniang Bayan Member               |
| Hon. Felix John C. Templanza  | Sangguniang Bayan Member               |
| Hon. Kieven E. Cantos         | Sangguniang Bayan Member               |
| Hon. Elpidio N. Contreras, Jr | Sangguniang Bayan Member               |
| Hon. Guillermo G. Salas, Jr.  | Sangguniang Bayan Member               |
| Hon. Joejie R. Narciso        | Sangguniang Bayan Member               |
| Hon. Enrico C. Villas         | Pangulo, Liga ng mga Brgy.             |
| Hon. Francis Dave C. Cantos   | SK Federation President                |

**ABSENT:**

- |                       |                                |
|-----------------------|--------------------------------|
| Hon. Jess V. Sapungan | Sangguniang Bayan Member-Leave |
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## MUNICIPAL ORDINANCE NO. 23-11-375

**AN ORDINANCE INSTITUTIONALIZING THE MENTAL HEALTH PROGRAM OF THE MUNICIPALITY OF BULALACAO, PROVINCE OF ORIENTAL MINDORO**

**Author:**

**Sangguniang Bayan Member EDEZER F. ACERON**  
Chairperson, Committee on Rules, Privileges, Ordinances and Legal Matters

**Sponsors:**

**Sangguniang Bayan Member JESS V. SAPUNGAN**  
Chairperson, Committee on Health, Nutrition and Sanitation

**Sangguniang Bayan Member FELIX JOHN C. TEMPLANZA**  
Chairperson, Committee on Social Welfare and Community Development

**WHEREAS**, Section 2 of Republic Act No. 11036 also known as Mental Health Act declares that the policy of the state affirms the basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services;

HON. RAMON G. MAGBANUA  
HON. EDERLINO C. ACERON  
HON. EDEZER F. ACERON  
HON. FELIX JOHN C. TEMPLANZA  
HON. KIEVEN E. CANTOS  
HON. ELPIDIO N. CONTRERAS, JR.  
HON. GUILLERMO G. SALAS, JR.  
HON. JOEJIE R. NARCISO  
HON. ENRICO C. VILLAS  
HON. FRANCIS DAVE C. CANTOS

**WHEREAS**, the World Health Organization defines mental health as "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his/her community," and it also calls the attention of the public that mental health is more than just the presence of a psychiatric disorder/sickness but more importantly, also redounds to a positive condition of one's mental well-being;

**WHEREAS**, mental health is a vital part of a person's total health and that the problems on mental health contain not just the traditional mental disorders but the issues of target populations susceptible to psychological risk caused by extreme life experiences such as disasters, near-death experiences, heinous and violent crimes, internal displacement brought about by religious and civil unrests as well as the psychological matters of daily living like preserving a sense of well-being in these complicated times;

**WHEREAS**, Bulalacao is a 3<sup>rd</sup> class municipality located at the southernmost tip of the province of Oriental Mindoro, and has a population of 44,366 based on 2020 census, and has a municipal government that uplift the general health condition of the people;

**WHEREAS**, it is just and orderly to establish comprehensive mental health program to address mental illness and provide programs for the promotion, prevention, and treatment of mental patients of this municipality, and contrive it into an organized and detailed municipal enactment that shall guarantee effective implementation to ensure healthy mental condition of every Bulalacaonon;


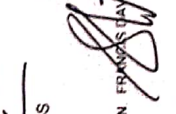

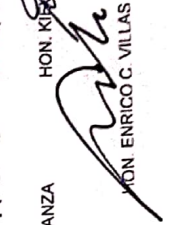
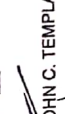

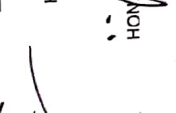


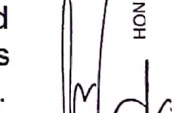

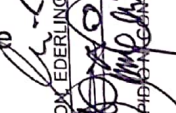
**NOW, THEREFORE, BE IT ORDAINED**, as it is hereby ordained by the Sangguniang Bayan of Bulalacao, Oriental Mindoro, that:

**Section 1. Statement of Policy.** It is the policy of the Local Government Unit of Bulalacao to promote the well-being of every Bulalacaonon by ensuring that mental health is valued, promoted and protected. It recognizes the need to include mental health in the public health and medical system in order to render available, accessible, affordable, and equitable quality mental health care and services to the constituents of this municipality especially the poor, the underserved and high risk populations.

**Section 2. Title.** This Ordinance is entitled as stated and shall be also known as the "2023 Mental Health Program Ordinance of Bulalacao".

**Section 3. Definition of Terms.** As used in this ordinance, the following terms shall mean:

- a. **Mental Health** includes our emotional, psychological and social well-being. It affects how we think, feel and act.
- b. **Depression** is a common mental disorder. It involves a depress mood that causes a persistent feeling of sadness and loss of interest. It affects how you feel, think and behave, and can lead to a variety of emotional and physical problems. You may have trouble doing normal day-to-day activities, and sometimes you may feel as if life isn't worth living.

  
 PENITA L. PAZ  
  
 HON. FRANCISCO DAVE C. CANTOS  
  
 HON. KYLENE E. CANTOS  
  
 HON. ENRICO C. VILLAS  
  
 HON. JOHN C. TEMPLANZA  
  
 HON. EDER F. ACERON  
  
 HON. JOELLE R. NARCISO  
  
 HON. GUILLERMO G. SALAS, JR.  
  
 HON. EDERLING C. ACERON  
  
 HON. ELPIDIO G. CAMPRERA, JR.  
  
 HON. RAMON G. MAGBANUA  
  
 HON. ERNITO C. VILLAS

- c. **Stress** is a natural human response that prompts us to address challenges and threats in our lives.
- d. **Anxiety** is an emotion characterized by feelings of tension, worried thoughts and physical changes like increase blood pressure.
- e. **Psychosis** is characterized by distorted thoughts and perceptions, as well as disturbed emotions and behaviors. Symptoms such as hallucinations- hearing voices, or seeing things that are not there; delusions- fixed, false beliefs; severe abnormalities of behaviour- disorganized behaviour, agitation, excitement, inactivity, or hyper activity; disturbances of emotion-marked apathy, or disconnect between reported emotion and observed effect, such as facial expression and body language, may also be detected.
- f. **Bipolar Disorder** is characterized by episodes in which the person's mood and activity levels are significantly disturbed. This disturbance consists on some occasion of an elevation of mood and increased energy and activity (mania), and on others of a lowering of mood and decreased energy and activity (depression).
- g. **Epilepsy** is a chronic noncommunicable disorder of the brain, characterized by recurrent unprovoked seizures. It is one of the most common neurological disorders and with proper treatment, can be well controlled in the majority of people.
- h. **Seizures** are caused by abnormal electrical activity in the brain and are two types: convulsive and non-convulsive.
- i. **Developmental Disorder** is an umbrella term covering disorders such as intellectual disability as well as autism spectrum disorders.
- j. **Behavioural Disorder** is an umbrella term that includes specific disorders such as attention deficit hyperactivity disorder (ADHD) and conduct disorders.
- k. **Emotional Disorders** are among the leading mental health related causes of the global burden of disease in young people. It is characterized by increased levels of anxiety, depression, fear, and somatic symptoms.
- l. **Acute Intoxication** is a transient condition following intake of a psychoactive substance resulting in disturbances of consciousness, cognition, perception, effect, or behaviour.
- m. **Overdose** is the use of any drug in such an amount that acute adverse physical or mental effects are produced.

PERJALIZ  
 HON. FRANCISCO C. JANTOS  
 HON. KRISTINE CORTES  
 HON. ENRICO C. VILLAS  
 HON. EDERLINO C. TEMPLANZA  
 HON. JOELIE R. NARCISO  
 HON. EDEZERY ACEBON  
 HON. GUIVERMO G. SALAS JR.  
 HON. EDERLINO C. ACERON  
 HON. EFRIDIO CONTRERAS JR.  
 HON. ERICSON M. MAGBANUA  
 HON. ENRICO C. VILLAS

n. **Withdrawal** is the experience of a set of unpleasant symptoms following the abrupt cessation or reduction in dose of psychoactive substance; it has been consumed in high enough doses and for a long enough duration for the person to be physically or mentally dependent on it.

o. **Harmful Use** is a pattern of psychoactive substance use that damages health. This damage may be physical, e.g., liver disease, or mental, e.g., episodes of depressive disorder.

p. **Dependence** is a cluster of physiological, behavioural, and cognitive phenomena in which the use of a psychoactive substance takes on a much higher priority for a given individual than other behaviours that once had greater value.

q. **Self-harm** is the intentional self-inflicted poisoning or injury to oneself, which may or may not have a fatal intent or outcome.

r. **PMCI** refers to the Possible Mentally Challenged Individual.

**Section 4. Objectives.** The objectives of this Ordinance are as follows:

a. Strengthen effective leadership and governance for mental health by, among others, formulating, developing and implementing national policies, strategies, programs, and regulations relating to mental health;

b. Develop and establish a comprehensive, integrated effective and efficient municipal mental health care system responsive to the psychiatric, neurologic, and psychosocial needs of the people this municipality;

c. Protect the rights and freedom of persons with psychiatric, neurologic, and psychosocial needs of Bulalacaonons;

d. Strengthen information systems, evidence and research for mental health;

e. Integrate mental health care in the basic health services; and

f. Integrate strategies promoting mental health in educational institutions, the workplace, and in communities.

HON. PERJIT L. PZ  
 HON. KENNETH F. CANTOS  
 HON. FRANCIS D. CANTOS  
 HON. JOHN C. TEMPLANZA  
 HON. JOE JIE R. NARCISO  
 HON. EDEZER F. ACERON  
 HON. GUILLERMO G. SALAS JR.  
 HON. EDERLINO C. ACERON  
 HON. FELIPINO N. CONTRERAS JR.  
 HON. MARION C. MABBANUA  
 HON. EDUARDO C. VILLAS

**Section 5. Composition.** The Committee on Mental Health Services is hereby created with the following composition:

- Chairperson - Municipal Mayor
- Vice Chairperson - Municipal Health Officer
- Members
  - Municipal Social Welfare Development Officer
  - Sangguniang Bayan Member, Committee on Health
  - Sangguniang Bayan Member, Committee on Social Welfare
  - All Sangguniang Kabataan Chairpersons
  - Sangguniang Barangay, Committee on Health
  - Department of Education
  - DOH Representative
  - Pangulo, Liga ng mga Barangay
  - IPMR
  - Guidance Counsellors
  - Philippine National Police
  - Bulalacao Community Hospital
  - School Nurses

**Section 6. Function of the Committee.** The following are the functions of the Committee on Mental Health Services for the implementation of this Ordinance:

- a. **MHO** - the Municipal Health Office is tasked with the following functions:
  - i. Check-up
  - ii. Monitoring
  - iii. Counselling
  - iv. Conduct of advocacy programs
  - v. Dispense medicine for patients
  - vi. Should provide Mental Health Desk
- b. **MSWDO** - the Municipal Social Welfare and Development Office is tasked with the following functions:
  - i. Counselling
  - ii. Should provide Mental Health Desk
  - iii. Should facilitate MOA with Psychiatrist
- c. **Barangay Police/PNP** - the Barangay Police and PNP are tasked with the following functions:
  - i. Monitoring
  - ii. Reporting
- d. **Other members of Committee on Mental Health Services** - as to other members of the Committee on Mental Health Services, they are tasked with the following functions:
  - i. Reporting
  - ii. Promoting advocacy programs

PERLA LAZ  
 HON. KIRBYN C. CANTOS  
 HON. FRANCIS DAVE C. CANTOS  
 HON. ENRICO C. VILLAS  
 HON. KIRBYN C. TEMPLANZA  
 HON. JOEJIER NARCISO  
 HON. EDEZERA AZERON  
 HON. GUILVERMO G. SALAS JR.  
 HON. EDERLING C. ACERON  
 HON. ELPIANO N. CONTRERAS JR.  
 HON. EDWIN S. MAGBANJA  
 HON. ENRICO C. VILLAS

**Section 7. Process in handling Possible Mentally Challenged Individual (PMCHI).** In cases of possible mentally challenged individual who are visible in public, the following process should be observed:

- a. The barangay police and PNP are tasked to monitor the appearance of individuals with PMCHI and report the same to the barangay concern.
- b. The Barangay shall inform the family of the PMCHI regarding the case.
- c. The family should refer the PMCHI to MHO for check up.
- d. If there's a need for psychiatric examination the individual shall be treated.
- e. If the family does not have the means to afford the assistance for the PMCHI, they should refer it to the MSWDO.

**Section 8. Municipal/National Government Mental Health Hotline.** The MSWDO shall establish a municipal hotline that is available during office hours (8am-5pm). Moreover, the patients and/or concern citizen are opted to call the national hotline which is available 24 hours after the allotted office hours of the municipal government.

**Section 9. Wellness Center.** The Local Government Unit of Bulalacao is encourage to appropriate fund for the construction of a wellness center that will become a venue for counselling, leisure and relaxation, and check-up regularly of PMCHI.

**Section 10. Halfway House.** The Local Government Unit of Bulalacao shall construct a halfway house to be managed by the MHO.

**Section 11. Memorandum of Agreement.** The Municipal Mayor shall have a Memorandum of Agreement with a Psychiatrist that will monitor and treat the mental health problem of patients of this municipality regularly.

**Section 12. Appropriation.** The fund needed for the implementation of this Ordinance shall be included in the General Appropriation Fund Annual Budget of the Local Government Unit of Bulalacao, Oriental Mindoro. The amount for years after 2023 shall be based on the budget proposal to be submitted by Office of the Municipal Mayor based on inputs from the MHO, MSWDO and other concerned offices. The Municipal Budget Officer shall ensure that the budget necessary for the implementation of this Ordinance is included in yearly appropriation. The fund allocated for this purpose shall not be allowed for realignment and not be certified as savings unless it served its purpose already within a particular fiscal year.

**Section 13. Repealing Clause.** Any ordinance inconsistent with the provisions of this Ordinance is hereby repealed or modified accordingly.

PERJALIZ  
HON. FRANCIS DAVE C. JANTON

HON. KIMENE CARTOS

HON. ENRICO C. VILLAS

HON. FELICITO C. TEMPLANZA

HON. JOEJER NARCISO

HON. EDZEE F. ACERON

HON. GUILLERMO G. SALAS JR.

HON. EDERLING C. ACERON

HON. EFRIDIO N. SANTREAS JR.

HON. DANIEL G. MABANUA


HON. FERNILDO C. VILLAS

**Section 14. Separability Clause.** If any provision of this Ordinance is declared invalid, the remainder or any provision hereof not affected thereby shall remain in force and effect. Higher laws or policies inconsistent with the provisions of this Ordinance shall prevail.

**Section 15. Effectivity.** This Ordinance shall take effect upon its approval.

**ENACTED** this 28<sup>th</sup> day of November 2023 Bulalacao, Oriental Mindoro.

  
Hon. **EDERLINO C. ACERON**  
Sangguniang Bayan Member


  
Hon. **EDEZER F. ACERON**  
Sangguniang Bayan Member

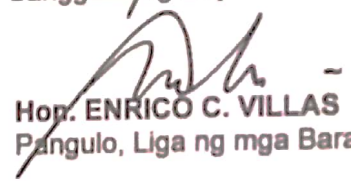
  
Hon. **FELIX JOHN C. TEMPLANZA**  
Sangguniang Bayan Member

  
Hon. **KIEVEN E. CANTOS**  
Sangguniang Bayan Member

  
Hon. **ELPIDIO N. CONTRERAS, JR.**  
Sangguniang Bayan Member

  
Hon. **GUILLERMO G. SALAS, JR.**  
Sangguniang Bayan Member

  
Hon. **JOEJIE R. NARCISO**  
Sangguniang Bayan Member

  
Hon. **ENRICO C. VILLAS**  
Pangulo, Liga ng mga Barangay

  
Hon. **FRANCIS DAVE C. CANTOS**  
SK Federation President


**CERTIFIED TRUE AND CORRECT:**

  
**PERITA L. PAZ**  
Secretary to the Sanggunian

**ATTESTED:**

  
Hon. **RAMON G. MAGBANUA**  
Municipal Vice Mayor/Presiding Officer

**APPROVED:**

  
Hon. **ERNULO C. VILLAS**  
Municipal Mayor  
Date Signed: Jan 13, 2014